

DHARMAKSHETRA DAILY SCHEDULE

SATHYA DEEP

Everyday

Sarva Dharma Prayer	6:50 AM
Veda Chanting	7:10 AM
Darshan Timings	6:40 AM to 7:30PM

Second Sunday of every Month

Rudra Abhishekam	2:30 PM to 5:30 PM
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SHANTI DEEP

Everyday Morning

Darshan Timings	5:10 AM to 8:30 PM
Omkar followed by Suprabhatam	5:15 AM
Bhajans followed by Aarati	6:30 AM to 7:00 AM

Everyday Evening

Veda chanting	5:45 PM to 6:00 PM
Bhajans followed by Aarati	6:00 PM to 7:00 PM

Thursday & Sunday

Nagarsankirtan from Mandir	5:30 AM
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1st Sunday of the Month

Youth Bhajans followed by Aarati	6:00PM to 7:00 PM
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3rd Sunday of the Month

Samarpan	4.20 PM onwards
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For any further details please contact Trust office.

WELLNESS CENTRE

Morning

Chanting of Gayatri Mantra 7:15 AM to 7:30 AM

Mon,Wed,Thurs & Friday

Counselling 3:00PM to 5:00PM

Mon to Sat

Chanting Sai Gayatri & Jyoti Meditation 5:00PM to 5:30PM

(Chanting in Room on 1st Floor)

Every Thursday

Chanting Sai Gayatri & Jyoti Meditation 7:15PM to 8:15PM

(Chanting in Room on 1st Floor)

Library

Mon to Sat (Ground Floor) 3:00PM to 5:00PM

Yoga

Tues, Wed, Sat (1st Floor) 10:30 AM to 11:30 AM

For any further details of Wellness centre please contact

Mr. Nayampalli (Mob No) 9619089177

SRI SATHYA SAI MEDICAL CENTRE

Eye Care Unit

DAY	DOCTOR'S NAME	TIMINGS	FLOOR	OPD & OT
Monday	Dr. Janak Shah Dr. Preeti Shah	8 am to 12 pm	Ground Second	OPD & OT
Tuesday	Dr. Suvarna Koppikar Dr. Smitha Naphade	8 am to 12 pm	Ground Second	OPD & OT

Wednesday	Dr. Pranav Kapadia Dr. Dinshaw A. Dastoor Dr. Swapnesh Sawant (Retina Specialist)	8 am to 12 pm	Ground Second Ground	OPD & OT
Thursday	Dr. Nandan Shetye Dr. Smitha Menon Dr. Swara Vidyadhar Dr. Priyanka Vora	8 am to 12 pm	Ground Second	OPD & OT
Friday	Dr. Sangeeta Raut Dr. Jhankana Patel	8 am to 12 pm	Ground Second	OPD & OT
Saturday	Dr. Swara Vidyadhar	8 am to 10 am	Ground	Only OPD
Anaesthetists	Dr. Aruna Ubhayakar Dr. Pratibha Mehta Dr. Deepa Paranjpe Dr. Jyothi Navarekar (Dr. Sulabha Marathe)			

GENERAL OPD (DISPENSARY)

DAY	DOCTOR'S NAME	TIMINGS	FLOOR
Monday	Dr. K. N. Gandhi Dr. Snehlata Rao Dr. N. G. Binani Dr. Devesh Desai	2 to 4 p.m.	1 st Floor
Wednesday	Dr. S. K. Kamath Dr. K. N. Gandhi Dr. Vasant Lagate Dr. Prashant Bhatia Dr. Devesh Desai	2 to 4 p.m.	Ground Floor 1 st Floor

Saturday	Dr. Pankaj Gandhi Dr. K. N. Gandhi Dr. Ganesh Shinde Dr. Devesh Desai	2 to 4 p.m.	1 st Floor
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DENTAL CARE

DAY	DOCTOR'S NAME	TIMINGS	FLOOR
Monday	Dr. Ashwini Bhalerao Dr. Aneeksha Agarwal	2 to 4 p.m.	1 st Floor
Wednesday	Dr. Milind Patil Dr. Satish Sunil Dr. Nikita Shah	2 to 4 p.m.	1 st Floor
Saturday	Dr. Satya Nair Dr. Amit Berani Dr. Vidhi Joshi	2 to 4 p.m.	1 st Floor

GYNECOLOGIST

DAY	DOCTOR'S NAME	TIMINGS	FLOOR
Monday	Dr. Nanavati	2 to 3 p.m.	2 nd Floor
Wednesday	Dr. Janaki	12 to 1 p.m.	2 nd Floor
Saturday	Dr. Tanaz Bhatt	2 to 4 p.m.	2 nd Floor

ORTHOPAEDIC

DAY	DOCTOR'S NAME	TIMINGS	FLOOR
Tuesday	Dr. Rohan Habbu	9 To 10 a.m.	2 nd Floor

HOMEOPATHY

DAY	DOCTOR'S NAME	TIMINGS	FLOOR
Monday	Dr. Guddi Makhija	2 To 4 p.m.	2 nd Floor
Wednesday	Dr. Nishant Gandhi	2 To 4 p.m.	2 nd Floor
Saturday	Dr. Radhika Tipse	2 To 4 p.m.	2 nd Floor

AYURVEDIC

DAY	DOCTOR'S NAME	TIMINGS	FLOOR
Saturday	Dr. Gauri S. Shetye	2 to 4 p.m.	1 st Floor

PHYSIOTHERAPY

DAY	DOCTOR'S NAME	TIMINGS	FLOOR
Monday	Dr. Jyothi Badakare	2 To 4 p.m.	2 nd Floor
Wednesday		2 To 4 p.m.	2 nd Floor
Saturday	Dr. Baneshwar Pradhan	2 To 4 p.m.	2 nd Floor

VIBRONICS

DAY	DOCTOR'S NAME	TIMINGS	FLOOR
Wednesday	Mr. Rajiv Gupta	2 To 4 p.m.	2 nd Floor
	Mr. Tulsidas Madhavan		
Saturday (1 st , 3 rd & 5 th)	Mrs. Deepa Hoskote	2 To 4 p.m.	2 nd Floor
Saturday (2 nd & 4 th)	Mr. Agarwal Mrs. Agarwal Mrs. Madhu Kaushik Mrs. Uma Sahu	2 To 4 p.m.	2 nd Floor

X-RAY FOR OPD PATIENTS

DAY	DOCTOR'S NAME	TIMINGS	FLOOR
Wednesday	Orthopaedic or any Physician	1 to 2.30 p.m.	2 nd Floor